



# FEBRUARY | 2026

## Central Lake K-12 Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<b>2</b>  Assorted WG Muffins or Bagel w/cream cheese	<b>3</b>  WG Croissant Sandwich Bacon, Egg & Cheese	<b>4</b>  WG Egg & Cheese Bagel Pizza	<b>5</b>  WG Biscuits and Sausage Gravy	<b>6</b>  WG Bagel w/Cream Cheese or Peanut Butter Or WG Oatmeal
<b>9</b>  Assorted WG Muffins or Bagel w/cream cheese	<b>10</b>  WG Bagel Sandwich Sausage, Egg & Cheese	<b>11</b>  WG French Toast Sticks w/Syrup	<b>12</b>  WG Biscuits and Sausage Gravy	<b>13</b>  WG Bagel w/Cream Cheese or Peanut Butter Or WG Oatmeal
<b>16</b>  Assorted WG Muffins or Bagel w/cream cheese	<b>17</b>  WG Croissant Sandwich Bacon, Egg & Cheese	<b>18</b>  WG Pancake Sausage Wrap w/Syrup	<b>19</b>  WG Biscuits and Sausage Gravy	<b>20</b>  WG Bagel w/Cream Cheese or Peanut Butter Or WG Oatmeal
<b>23</b>  Assorted WG Muffins or Bagel w/cream cheese	<b>24</b>  WG English Muffin Sausage, Egg & Cheese	<b>25</b>  Cheesy Egg Omelet w/Hash brown	<b>26</b>  WG Biscuits and Sausage Gravy	<b>27</b>  WG Bagel w/Cream Cheese or Peanut Butter Or WG Oatmeal

Breakfast is free to all  
Students!

To receive a free  
breakfast, students must  
choose a ½ cup fruit,  
and 2 more items. Milk  
alone will cost .60¢

Alternative items: Fresh  
fruit, fruit cups, yogurt  
cups, granola bars,  
Cereal, 100% juice,  
bagels, hard boiled eggs  
and cheese sticks.

WG=Whole Grain  
Questions or comments,  
please contact Nicole  
Hutchins (231)544-3141  
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[nhutchins@centrallake.org](mailto:nhutchins@centrallake.org)  
Menus may change if an item  
becomes unavailable