



# FEBRUARY | 2026

## Central Lake K-12 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 Assorted WG Muffins or Bagel w/cream cheese	3 WG Croissant Sandwich Bacon, Egg & Cheese	4 WG Egg & Cheese Bagel Pizza	5 WG Biscuits and Sausage Gravy	6 WG Bagel w/Cream Cheese or Peanut Butter Or WG Oatmeal	Breakfast is free to all Students! To receive a free breakfast, students must choose a ½ cup fruit, and 2 more items. Milk alone will cost .60¢
9 Assorted WG Muffins or Bagel w/cream cheese	10 WG Bagel Sandwich Sausage, Egg & Cheese	11 WG French Toast Sticks w/Syrup	12 WG Biscuits and Sausage Gravy	13 WG Bagel w/Cream Cheese or Peanut Butter Or WG Oatmeal	<u>Alternative items:</u> Fresh fruit, fruit cups, yogurt cups, granola bars, Cereal, 100% juice, bagels, hard boiled eggs and cheese sticks.
16 Assorted WG Muffins or Bagel w/cream cheese	17 WG Croissant Sandwich Bacon, Egg & Cheese	18 WG Pancake Sausage Wrap w/Syrup	19 WG Biscuits and Sausage Gravy	20 WG Bagel w/Cream Cheese or Peanut Butter Or WG Oatmeal	
23 Assorted WG Muffins or Bagel w/cream cheese	24 WG English Muffin Sausage, Egg & Cheese	25 Cheesy Egg Omelet w/Hash brown	26 WG Biscuits and Sausage Gravy	27 WG Bagel w/Cream Cheese or Peanut Butter Or WG Oatmeal	WG=Whole Grain <u>Questions or comments,</u> please contact Nicole Hutchins (231)544-3141 Ext:54206 <a href="mailto:nhutchins@centrallake.org">nhutchins@centrallake.org</a> Menus may change if an item becomes unavailable