



# FEBRUARY | 2026

## Central Lake Pre-K Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>2</b> WG Cascadian Farm Multi Grain Squares Cereal (1oz) Hard Cooked Egg Banana	<b>3</b> WG Croissant Sandwich Egg & Cheddar Cheese Orange Slices	<b>4</b> WG Egg & Cheese Bagel Pizza Apple	<b>5</b> Vanilla Greek Yogurt 4oz Blueberries 4oz Granola 1oz	<b>6</b> WG Bagel w/Cream Cheese or Peanut Butter Apple	Breakfast is free for all students! Every Breakfast comes with fresh fruit, whole white milk for 1-2 year olds and 1% milk for 2-5 year olds.
<b>9</b> WG Cheerios Cereal (1oz) Hard Cooked Egg Banana	<b>10</b> WG Bagel Sandwich Sausage, Egg & Cheddar Cheese Orange Slices	<b>11</b> WG French Toast Sticks w/Agave Syrup Apple	<b>12</b> Cheesy Egg Omelet Apple	<b>13</b> WG Banana/Cinnamon Oatmeal Blueberries	Simply Fruit is a jam made with 100% fruit, no added sugar.
<b>16</b> WG Kix Cereal (1oz) Hard Cooked Egg Banana	<b>17</b> WG Croissant Sandwich Egg & Cheddar Cheese Orange Slices	<b>18</b> WG Pancake Sausage Wrap Apple	<b>19</b> Vanilla Greek Yogurt 4oz Blueberries 4oz Granola 1oz	<b>20</b> WG Bagel w/Cream Cheese or Peanut Butter Apple	WG=Whole Grain
<b>23</b> WG Rice Krispies Cereal (1oz) Hard Cooked Egg Banana	<b>24</b> WG English Muffin Egg & Cheddar Cheese Orange Slices	<b>25</b> Cheesy Egg Omelet Apple	<b>26</b> Vanilla Greek Yogurt 4oz Blueberries 4oz Granola 1oz	<b>27</b> WG Banana/Cinnamon Oatmeal Blueberries	Questions or comments please contact Nicole Hutchins 231-544-3414 Ext:54206 <a href="mailto:nhutchins@centrallake.org">nhutchins@centrallake.org</a>
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