



FEBRUARY | 2026

Central Lake Pre-K Snack Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 4oz Pineapple 2oz Cottage Cheese	3 WG 1oz Graham Item 4oz Fruit Cup	4 4oz Apple Slices w/PB 4oz White Milk	5 WG 1oz Graham Item 4oz 100% Juice Box	6 WG 1oz Graham Item 4oz Fresh Fruit
9 4oz Pineapple 2oz Cottage Cheese	10 WG 1oz Graham Item 4oz Fruit Cup	11 4oz Apple Slices w/PB 4oz White Milk	12 WG 1oz Graham Item 4oz 100% Juice Box	13 WG 1oz Graham Item 4oz Fresh Fruit
16 4oz Pineapple 2oz Cottage Cheese	17 WG 1oz Graham Item 4oz Fruit Cup	18 4oz Apple Slices w/PB 4oz White Milk	19 WG 1oz Graham Item 4oz 100% Juice Box	20 WG 1oz Graham Item 4oz Fresh Fruit
23 4oz Pineapple 2oz Cottage Cheese	24 WG 1oz Graham Item 4oz Fruit Cup	25 4oz Apple Slices w/PB 4oz White Milk	26 WG 1oz Graham Item 4oz 100% Juice Box	27 WG 1oz Graham Item 4oz Fresh Fruit

Whole white milk for 1 year olds, and 1% white milk for 2-5 year olds!

WG=Whole Grain

Questions or comments
please contact Nicole
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Menus may change if an item
becomes unavailable