

APRIL | 2025

Central Lake K-12 Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	1 Assorted WG Muffins	2 WG Croissant Sandwich Egg, Ham & Cheese or Egg & Cheese	3 WG Pancake Sausage Wrap	4 Homemade Cinnamon Rolls
7 Assorted WG Muffins	8 WG Croissant Sandwich Egg, Bacon & Cheese or Egg & Cheese	9 Creamsicle Parfait w/Granola	10 WG Biscuits and Sausage Gravy	11 WG Bagel w/Cream Cheese or Peanut Butter
14 Assorted WG Muffins	15 WG English Muffin Sandwich Egg, Cheese, & Sausage or Egg & Cheese	16 Strawberry Parfaits w/Granola	17 Tornados (Sausage, egg & cheese)	18 WG Bagel w/Cream Cheese or Peanut Butter
21 Assorted WG Muffins	22 WG Croissant Sandwich Egg, Bacon & Cheese or Egg & Cheese	23 Mango Parfaits w/Granola	24 WG Glazed Flower Donut	25 WG Bagel w/Cream Cheese or Peanut Butter
28 Assorted WG Muffins	29 WG English Muffin Sandwich Egg, Cheese, & Sausage or Egg & Cheese	30 Strawberry Parfaits w/Granola	1	2

Breakfast is free to all Students!
To receive a free breakfast, students must choose a ½ cup fruit, and 2 more components. Milk alone will cost .60¢

Everyday Alternatives items: Fresh fruit, fruit cups, Greek yogurt, granola bars, 100% juice, Cereal, and cheese sticks.

WG=Whole Grain
Questions or comments, please contact Nicole Hutchins (231)544-3141 Ext:54206
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Menus may change if an item becomes unavailable