

APRIL | 2025

Central Lake Pre-K Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	1 WG Cheerios Cereal (1oz) Hard Cooked Egg	2 WG Croissant Sandwich (2oz) Egg (2oz), Ham & Cheddar Cheese (1oz)	3 WG Pancake Sausage Wrap w/Agave Syrup	4 WG Homemade Cinnamon Rolls
7 WG Mini Wheats Cereal (1oz) Hard Cooked Egg	8 WG Croissant Sandwich (2oz) Egg (2oz) & Cheddar Cheese (1oz)	9 Creamsicle Parfait w/Granola	10 WG Biscuits (2oz) w/Simply Fruit Jam or Peanut Butter	11 WG Bagel (2oz) w/Cream Cheese or Peanut Butter (1oz)
14 WG Rice Krispies Cereal (1oz) Hard Cooked Egg	15 WG English Muffin Sandwich Egg, Cheddar Cheese, & Sausage	16 Strawberry Parfaits w/Granola	17 WG Warm Banana Cinnamon Oatmeal	18 WG Bagel (2oz) w/Cream Cheese or Peanut Butter (1oz)
21 WG Cheerios Cereal (1oz) Hard Cooked Egg	22 WG Croissant Sandwich Egg, Cheddar Cheese	23 Mango Parfaits w/Granola	24 WG Warm Fruit Oatmeal	25 WG Bagel (2oz) w/Cream Cheese or Peanut Butter (1oz)
28 WG Mini Wheats Cereal (1oz) Hard Cooked Egg	29 WG English Muffin Sandwich Egg & Cheddar Cheese	30 Strawberry Parfaits w/Granola	1	2

Breakfast is free for all students!
Every Breakfast comes with fresh fruit, whole white milk for 1-2 year olds and 1% milk for 2-5 year olds.

Simply Fruit is a jam made with 100% fruit, no added sugar.

WG=Whole Grain

Questions or comments please contact Nicole Hutchins 231-544-3414
Ext:54206
nhutchins@centrallake.org

Menus may change if an item becomes unavailable