

## DECEMBER 2025

## Central Lake Pre-K Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WG Rice Krispies Cereal (1oz) Hard Cooked Egg	<ul><li>WG Croissant</li><li>Sandwich, Egg &amp;</li><li>Cheddar Cheese</li></ul>	3 Mango Parfaits w/granola	4 WG Biscuits w/Simply Fruit and Peanut butter	5 Blueberry/Banana WG Oatmeal
Banana	Apple	Blueberries	Banana	Apple
8 WG Cinnamon Chex Cereal (1oz) Hard Cooked Egg	<sup>9</sup> WG Biscuit Sandwich Sausage, Egg, & Cheddar Cheese	10 WG Pancake Wrap	11 WG French Toast Sticks w/Agave Syrup	12 Apple Cinnamon WG Oatmeal
Banana	Apple	Blueberries	Strawberries	Banana
15 WG Rice Krispies Cereal (1oz) Hard Cooked Egg Banana	16 WG Croissant Sandwich, Egg & Cheddar Cheese Apple	Christmas Parfait Strawberries & Kiwi w/Greek yogurt and granola	18 WG Biscuits w/Simply Fruit and Peanut butter Banana	19 ½ Day  WG Bagel w/Cream  Cheese or Peanut  Butter  Apple
22	23	24	25	26
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
NO SCHOOL	NO SCHOOL	NO SCHOOL	1 NO SCHOOL	NO SCHOOL

Breakfast is free for all students!
Every Breakfast comes with fresh fruit, whole white milk for 1-2 year olds and 1% milk for 2-5 year olds.

Simply Fruit is a jam made with 100% fruit, no added sugar.

WG=Whole Grain

Questions or comments please contact Nicole Hutchins 231-544-3414 Ext:54206 nhutchins@centrallake.org

Menus may change if an item becomes unavailable