



JANUARY | 2026

Central Lake K-12 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 NO SCHOOL	2 NO SCHOOL
5 Assorted WG Muffins or Bagel w/cream cheese	6 WG Bagel Sandwich Sausage, Egg & Cheese	7 WG French Toast Sticks w/Syrup	8 WG Biscuits and Sausage Gravy	9 WG Bagel w/Cream Cheese or Peanut Butter Or WG Oatmeal
12 Assorted WG Muffins or Bagel w/cream cheese	13 WG Croissant Sandwich Bacon, Egg & Cheese	14 WG Pancake Sausage Wrap w/Syrup	15 WG Biscuits and Sausage Gravy	16 WG Bagel w/Cream Cheese or Peanut Butter Or WG Oatmeal
19 Assorted WG Muffins or Bagel w/cream cheese	20 WG English Muffin Sausage, Egg & Cheese	21 WG Egg & Cheese Bagel Pizza	22 ½ Day WG Cinnamon Rolls w/Icing	23 NO SCHOOL
26 Assorted WG Muffins or Bagel w/cream cheese	27 WG Croissant Sandwich Bacon, Egg & Cheese	28 Cheesy Egg Omelet w/Hash brown	29 WG Biscuits and Sausage Gravy	30 WG Bagel w/Cream Cheese or Peanut Butter Or WG Oatmeal

Happy New Year!!!
Breakfast is free to all
Students!

To receive a free
breakfast, students must
choose a ½ cup fruit,
and 2 more items. Milk
alone will cost .60¢

Alternative items: Fresh
fruit, fruit cups, yogurt
cups, granola bars,
Cereal, 100% juice,
bagels, hard boiled eggs
and cheese sticks.

WG=Whole Grain
Questions or comments,
please contact Nicole
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Menus may change if an item
becomes unavailable