

# MAY | 2025

## Central Lake K-12 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b> WG Pancake Sausage Wrap	<b>2</b> WG Bagel w/Cream Cheese or Peanut Butter
<b>5</b> Assorted WG Muffins	<b>6</b> WG English Muffin Sandwich Egg, Cheese, & Sausage or Egg & Cheese	<b>7</b> Strawberry Parfaits w/Granola	<b>8</b> Breakfast Empanadas Egg/Sausage/Cheese & Potato	<b>9</b> WG Bagel w/Cream Cheese or Peanut Butter
<b>12</b> Assorted WG Muffins	<b>13</b> WG Croissant Sandwich Egg, Bacon & Cheese or Egg & Cheese	<b>14</b> Cherry or Blueberry Parfaits w/Granola	<b>15</b> Homemade Chocolate Chip Muffins	<b>16</b> WG Bagel w/Cream Cheese or Peanut Butter
<b>19</b> Assorted WG Muffins	<b>20</b> WG English Muffin Sandwich Egg, Cheese, & Sausage or Egg & Cheese	<b>21</b> Mango or Strawberry Parfaits w/Granola	<b>22</b> WG Biscuits & Gravy (6-12) WG Pancake Sausage Wrap(K-5)	<b>23</b> WG Bagel w/Cream Cheese or Peanut Butter
<b>26</b> NO SCHOOL	<b>27</b> Assorted WG Muffins	<b>28</b> Strawberry or Blueberry Parfaits w/Granola	<b>29</b> WG Croissant Sandwich Egg, Bacon & Cheese or Egg & Cheese	<b>30</b> WG Donuts

Breakfast is free to all Students!  
To receive a free breakfast, students must choose a ½ cup fruit, and 2 more components. Milk alone will cost .60¢

Everyday Alternatives items: Fresh fruit, fruit cups, Greek yogurt, granola bars, 100% juice, Cereal, and cheese sticks.

WG=Whole Grain  
Questions or comments, please contact Nicole Hutchins (231)544-3141 Ext:54206  
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Menus may change if an item becomes unavailable