

MAY | 2025

Central Lake K-12 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 WG Pancake Sausage Wrap	2 WG Bagel w/Cream Cheese or Peanut Butter
5 Assorted WG Muffins	6 WG English Muffin Sandwich Egg, Cheese, & Sausage or Egg & Cheese	7 Strawberry Parfaits w/Granola	8 Breakfast Empanadas Egg/Sausage/Cheese & Potato	9 WG Bagel w/Cream Cheese or Peanut Butter
12 Assorted WG Muffins	13 WG Croissant Sandwich Egg, Bacon & Cheese or Egg & Cheese	14 Cherry or Blueberry Parfaits w/Granola	15 Homemade Chocolate Chip Muffins	16 WG Bagel w/Cream Cheese or Peanut Butter
19 Assorted WG Muffins	20 WG English Muffin Sandwich Egg, Cheese, & Sausage or Egg & Cheese	21 Mango or Strawberry Parfaits w/Granola	22 WG Biscuits & Gravy (6-12) WG Pancake Sausage Wrap(K-5)	23 WG Bagel w/Cream Cheese or Peanut Butter
26 NO SCHOOL	27 Assorted WG Muffins	28 Strawberry or Blueberry Parfaits w/Granola	29 WG Croissant Sandwich Egg, Bacon & Cheese or Egg & Cheese	30 WG Donuts

Breakfast is free to all Students!
To receive a free breakfast, students must choose a ½ cup fruit, and 2 more components. Milk alone will cost .60¢

Everyday Alternatives items: Fresh fruit, fruit cups, Greek yogurt, granola bars, 100% juice, Cereal, and cheese sticks.

WG=Whole Grain
Questions or comments, please contact Nicole Hutchins (231)544-3141 Ext:54206
nhutchins@centrallake.org
Menus may change if an item becomes unavailable