

MAY | 2025

Central Lake Pre-K Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 WG Pancake Sausage Wrap w/Agave Syrup	2 WG 2oz Bagel w/Cream Cheese or Peanut Butter
5 WG Rice Krispies Cereal (1oz) w/Banana Hard Cooked Egg	6 WG English Muffin Sandwich (2oz) Egg (2oz) & Cheddar Cheese (1oz)	7 Strawberry (2oz) Parfaits (4oz) w/Granola (1oz)	8 Warm Apple/Cinnamon Oatmeal (3oz)	9 WG 2oz Bagel w/Cream Cheese or Peanut Butter
12 WG Cheerios Cereal (1oz) w/Banana Hard Cooked Egg	13 WG Croissant Sandwich (2oz) Egg (2oz) & Cheddar Cheese (1oz)	14 Blueberry(2oz) Parfaits (4oz) w/Granola (1oz)	15 Homemade Banana/Cinnamon Muffins (2oz)	16 WG 2oz Bagel w/Cream Cheese or Peanut Butter
19 WG Rice Krispies Cereal (1oz) w/Banana Hard Cooked Egg	20 WG English Muffin Sandwich (2oz) Egg (2oz) & Cheddar Cheese (1oz)	21 Mango(2oz) Parfaits (4oz) w/Granola (1oz)	22 WG Pancake Sausage Wrap w/Agave Syrup	23 WG 2oz Bagel w/Cream Cheese or Peanut Butter
26 NO SCHOOL	27 WG Cereal (1oz) Hard Cooked Egg	28 Strawberry(2oz) Parfaits (4oz) w/Granola (1oz)	29 WG Croissant Sandwich Egg & Cheddar Cheese (5oz)	30 WG 2oz Bagel w/Cream Cheese or Peanut Butter

Breakfast is free for all students!
Every Breakfast comes with fresh fruit, whole white milk for 1-2 year olds and 1% milk for 2-5 year olds.

Simply Fruit is a jam made with 100% fruit, no added sugar.

WG=Whole Grain

Questions or comments please contact Nicole Hutchins 231-544-3414
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Menus may change if an item becomes unavailable