

# OCTOBER | 2025

## Central Lake Pre-K Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<b>29</b>	<b>30</b>	<b>1</b> Cheddar Cheeseburger WG Bun Baked Sweet Potato Fries Tomato & Onion Fruit, Milk	<b>2</b> Grilled Chicken Sandwich WG Bun Baked Beans Broccoli Fruit, Milk	<b>3</b> WG Garlic Bread Pizza w/Marinara Pasta Salad Fruit, Milk
<b>6</b> WG Popcorn Chicken Mashed Potatoes Corn Fruit, Milk	<b>7</b> WG Walking Tacos Seasoned Ground Beef Black Beans Saffron Rice Fruit, Milk	<b>8</b> Cheddar Cheeseburger WG Bun Baked French Fries Tomato & Onion Fruit, Milk	<b>9</b> WG Grilled Cheese Sandwich Tomato Soup Fruit, Milk	<b>10</b> WG Cheese Pizza Pasta Salad Fruit, Milk
<b>13</b> Grilled Chicken Sandwich WG Bun Roasted Red Skin Potatoes Broccoli Fruit, Milk	<b>14</b> WG Chicken Taquitos w/Salsa Black Beans Corn Fruit, Milk	<b>15</b> Cheddar Cheeseburger WG Bun Baked French Fries Tomato & Onion Fruit, Milk	<b>16</b> Chicken Alfredo WG Garlic Bread Sticks Green Peas Fruit, Milk	<b>17</b> WG Cheese Pizza Pasta Salad Fruit, Milk
<b>20</b> WG Popcorn Chicken Mashed Potatoes Gravy Corn Fruit, Milk	<b>21</b> WG Walking Tacos Seasoned Ground Beef Black Beans Saffron Rice Fruit, Milk	<b>22</b> Cheddar Cheeseburger WG Bun Baked French Fries Tomato & Onion Fruit, Milk	<b>23</b> ½ Day Turkey or Ham Sub Tomato & Onion Fruit, Milk	<b>24</b> WG Bosco Sticks Green Beans Pasta Salad Fruit, Milk
<b>27</b> Grilled Chicken Sandwich WG Bun Baked French Fries Green Beans Fruit, Milk	<b>28</b> Sloppy Joes Sandwich WG Bun Baked Beans Fruit, Milk	<b>29</b> Cheddar Cheeseburger WG Bun Baked Sweet Potato Fries Tomato & Onion Fruit, Milk	<b>30</b> Homemade Chicken Enchiladas Black Beans Corn Fruit, Milk	<b>31</b> WG Cheese Pizza Pasta Salad Fruit, Milk

Every student eats  
for free!

Lunch comes with fresh  
fruit every day!  
Whole white milk for 1-2  
year olds and 1% milk for  
2-5 year olds.

WG=Whole Grain

Questions or comments  
please contact Nicole  
Hutchins 231-544-3414  
Ext:54206  
[nhutchins@centrallake.org](mailto:nhutchins@centrallake.org)

Menus may change if an item  
becomes unavailable.