

SEPTEMBER | 2025



Central Lake Pre-K Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO SCHOOL Labor Day	2 WG 1oz Graham Item 4oz Fruit Cup	3 4oz Apple Slices w/PB 4oz White Milk	4 WG 1oz Graham Item 4oz 100% Juice Box	5 WG 1oz Graham Item 4oz Fresh Fruit
8 4oz Banana 2oz Cottage Cheese	9 WG 1oz Graham Item 4oz Fruit Cup	10 4oz Apple Slices w/PB 4oz White Milk	11 WG 1oz Graham Item 4oz 100% Juice Box	12 WG 1oz Graham Item 4oz Fresh Fruit
15 4oz Banana 2oz Cottage Cheese	16 WG 1oz Graham Item 4oz Fruit Cup	17 4oz Apple Slices w/PB 4oz White Milk	18 WG 1oz Graham Item 4oz 100% Juice Box	19 WG 1oz Graham Item 4oz Fresh Fruit
22 4oz Banana 2oz Cottage Cheese	23 WG 1oz Graham Item 4oz Fruit Cup	24 4oz Apple Slices w/PB 4oz White Milk	25 WG 1oz Graham Item 4oz 100% Juice Box	26 WG 1oz Graham Item 4oz Fresh Fruit
29 4oz Banana 2oz Cottage Cheese	30 WG 1oz Graham Item 4oz Fruit Cup	1	2	3

Whole white milk for 1-2 year olds, and 1% white milk for 2-5 year olds!

WG=Whole Grain

Questions or comments please contact Nicole Hutchins 231-544-3141
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Menus may change if an item becomes unavailable